





Continental

\$8.90 per person

Muffins, danishes, croissants Assorted cakes & squares Choice of 1 juice Coffee & Tea station Whole fruit Bagels with cream cheese, butter, assorted spreads

Continental Plus+

Muffins, danishes, croissants Assorted cakes & squares Choice of 2 juice Coffee & Tea station Fresh sliced & whole fruit Bagels with cream cheese, butter, assorted spreads Greek yogurt parfaits with granola & berries Assorted flavored yogurt cups

Individual Hot Breakfast

Choice of 3 breakfast sausage or bacon strips Scrambled eggs Handmade seasoned home fries Choice of white, brown, or rye bread

Individual Hot Breakfast Plus+

Western Omelette with peppers, sautéed onion & scallions, smoked ham & cheese Home fries Side of bacon Buttered toast Mixed berry parfait



\$12.50 per person

\$13.50 per person

\$16.50 per person

\$25.00 per person



Executive Lunch Box

1 handcrafted sandwich of selection Choice of soup OR garden salad Cheese & crackers OR fruit salad Including a dessert square Choice of a water bottle, orange, or apple juice

Individual Sandwiches

Hand Crafted Artisan Sandwiches

Chicken Havarti Pesto on Ciabatta

Grilled chicken breast, havarti cheese, romaine lettuce, tomato, pickled red onion, basil pesto aioli

Avocado Feta on Rye (vegetarian)

Toasted marble rye bread with fresh avocado slices, pico de gallo, spring mix, garlic aioli, feta cheese

Roast Beef on Ciabatta

Lean sliced, seasoned roast beef with chopped romaine, roasted cherry tomatoes, mozzarella & grainy dijon aioli

Turkey Avocado BLT Wrap

Lean sliced, seasoned Ontario turkey, avocado slices, hickory smoked bacon, basil pesto aioli, tomato, chopped romaine, heatpressed tortilla

Artisan Egg Salad on Ciabatta (vegetarian)

Fresh house-made egg salad with roasted cherry tomatoes, pickled red onion, crispy carrots, spring mix



\$12.00 per person

Taco Trio

Choose 3, garnished with cilantro, a lime wedge & our house salsa

Tex Mex Beef Taco

Lean ground beef, trio cheese blend, shredded iceberg lettuce, pico de gallo

Haddock Fish Taco

Blackened haddock fish, pico de gallo, marinated purple cabbage, scallions, lime crema

Chipotle Chicken Taco

Seared and seasoned chicken with our house-made chipotle taco sauce, pickled red onions, shredded iceberg lettuce, pico de gallo, trio cheese blend

Asian Slaw Taco (vegetarian)

Smoky tempeh, marinated purple & napa cabbage slaw, carrots, lime crema, toasted sesame seeds, parsley, scallions

Soup & Salad

Soup & SaladChoice of 1 soup & 1 salad

Soup

Cheddar Ale Potato

Yukon gold potato chunks slow-cooked in a creamy ale broth with smoked mild cheddar, roasted carrots, garlic, celery & onion

Roasted Turkey Vegetable

Ontario roasted turkey, carrots, red onion, celery, garlic in a tasty seasoned turkey broth

Vegetable Medley & Barley

Seasonal roasted vegetables, Ontario garlic, tomato basil based broth

Lobster Bisque (+\$4)

Atlantic Ocean lobster slow-cooked to perfection, roasted shallots, onions, carrots, celery in a creamy white wine, buttery bisque



\$15.00 per person

\$15.00 per person

Salad

Caesar Salad Fresh chopped romaine, house-made & seasoned croutons, hickory smoked bacon bits, parmesan asiago blend, creamy caesar dressing garnished with a lemon wedge	
Garden Salad Seasonal selection of vegetables including bell peppers, carrots, roasted cherry tomatoes, cucumber, red onion with a choice dressing of Italian, French, Balsamic & Olive Oil, Ranch, Blue Cheese or Greek	
Walnut Cranberry Candied walnuts with dried cranberries, roasted cherry tomatoes, red onion, cucumber and our signature Balsamic Pear dressing	
Snack Break	
Cheese & Crackers Platter	\$6.00 per person

\$5.00 per person

A selection of provolone, mild cheddar, smoked mozzarella & colby jack with a variety of biscuits & crackers

Trio Dipping Platter - \$5 per person Hummus, spinach artichoke dip & our house-made salsa with freshmade tortilla chips, pita bread, naan, carrots & celery



Minimum 10 people



Freshly Brewed Coffee Regular or Decaffeinated	\$20.00 per 10 cups \$90.00 per 50 cups
Tea Silex	\$15.00 per 10 cups
Assorted Fruit Juices	\$2.00 per bottle
Assorted Soft Drinks	\$1.50 per can
Assorted Breakfast Pastries Freshly Baked Muffins, Danish Pastries, Cinnamon Rolls, and Croissants Bagels	\$2.00 each
Freshly Baked Cookies	\$1.50 per cookie
Bottled Water	\$1.00 per bottle
Assorted Fruit Yogurts	\$2.00 per yogurt
Assorted Whole Fresh Fruit	\$1.50 per fruit

All of the above prices are subject to HST (13%) and Gratuity (15%) and are valid until December 2024.

